

# Early Head Start Program



**Helping Families Build  
A Bright Future**



**Early  
Head Start  
Program**

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Alfred Saliba Family Services Center

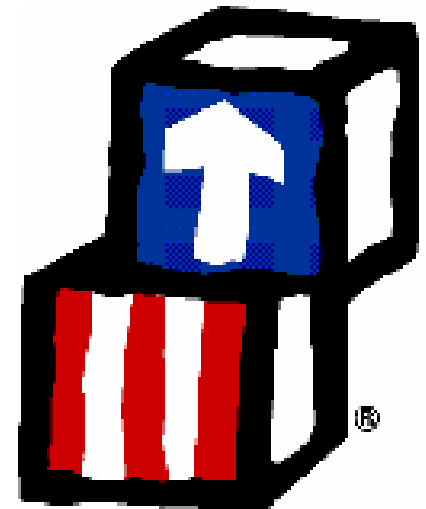
545 West Main Street—Suite 404

Dothan, Alabama 36301

Phone (334) 794-4929

[www.familyservicesofdothan.com](http://www.familyservicesofdothan.com)

# Early Head Start



## What is it?

Early Head Start is a federal program serving families in Houston County. The program aims at assisting families in:

- Meeting the needs of their growing infants and toddlers.
- Meeting family goals for success and self-sufficiency.
- Identifying community resources that are available to them.

## The program can help you:

- Prepare for the successful birth of your child
- Learn how to give your child a healthy and responsive learning environment in which to grow and develop.
- Connect with community services to continue your education, enroll in job training, or look for a job.
- Build confidence, skills, and knowledge about yourself and your community, so that you can make better decisions on behalf of yourself and your family.

## Who can participate?

- Early Head Start serves pregnant women and families with infants and toddlers up to age three.
- There is an income limit to qualify
- Other selection criteria are based on your individual family situation.
- The program is also available to families of infants and toddlers with disabilities.



## Services are provided in 2 settings:

- Home-based Early Head Start staff visit your home.
- Center-based childcare services are provided at 545 West Main Street, Suite 404.

## How do I qualify for Home Visiting Services?

- Call the Early Head Start office at 794-4929.
- We will help you complete an application.
- You must provide documented proof of your monthly income (paycheck stub, copies of welfare benefits, or SSI documents, W-2, tax return, or other proof).



## How do I qualify for Child Care Services?

- You must be employed or in school.
- Contact the Early Head Start office at 545 West Main Street, Suite 404, Dothan, AL 36301 Phone 794-4929
- You must show proof of income and proof of the age of your infant or toddler (certified birth record, copy of a birth certificate, or other family record).



## What are my responsibilities?

Early Head Start “joins hands” with families to help their infant or toddler develop into a healthy, well-adjusted child. Once you are accepted into the program, you will be responsible for participating in:

- home visiting sessions
- Group socializations
- Educational parent training and meetings
- Social/community events where you will meet other Early Head Start parents.



Contact us at

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